



This Week's Menu

Monday Main Course

Fish Fingers

Flaked fish coated in golden breadcrumbs & oven baked

Vegetable Ravioli

Individual pasta pillows filled with a vegetable puree, cooked in a rich Italian tomato sauce

Dessert

Sorrento Surprise

A very light sweet pastry with lemon curd sandwiched in between & served with custard

Fruit Bowl

Selection of fresh fruit pieces

Tuesday Main Course


Shepherd's Pie

Tender minced mutton in gravy topped with creamed potatoes



Halal Chicken Keema Curry

Tender minced halal lamb & onions cooked with peas and spices

 **Jacket Potato with Choice of 3 Fillings**
Slowly baked whole jacket potato split & served with filling, two of which will be vegetarian options

Dessert

Orange Drizzle

Orange Sponge drizzled in sauce & served with custard

White Chocolate Angel Delight

White chocolate flavoured mousse

Fruit Bowl

Selection of fresh fruit pieces

Wednesday Main Course

Roast Meat Dinner

Tender slices of roast meat served with rich gravy



Halal Pasta Bolognese

Minced Halal meat in a rich tomato & herb sauce served with pasta



Cheese Savoury Whirls

Flaky puff pastry whirls layered with potato, cheese and spring onions

Dessert

Coconut Sponge

A light coconut flavoured sponge served with creamy custard

Flapjack

A sweet bar made with oats, golden syrup and butter

Fruit Bowl

Selection of fresh fruit pieces

Additional items available daily may include: Assorted Pasta / Rice Salads - Sandwiches - Panini - Yoghurt (check availability with the school kitchen)

Thursday Main Course

Pasta Bolognese

Minced beef braised in a rich tomato & herb sauce served with pasta



Halal Shami Burger

Halal minced mutton burger in traditional spices served in a bread bun

Sweet Potato & Lentil Curry

Diced sweet potato with lentils cooked with herbs and spices

Pasta Arrabiata

Penne pasta cooked with lentils, onions & tomato with a dash of fresh chilli

Dessert

Jam Roll

A light sponge roll with jam served with custard

Fruit Bowl

Selection of fresh fruit pieces

Friday Main Course



Assorted Pizzas

A bread base topped with tomato sauce, cheese & assorted toppings including a vegetarian option



Jacket Potato with Choice of 3 Fillings
Slowly baked whole jacket potato split & served with filling, two of which will be vegetarian options

Dessert

Chocolate Sponge

Rich cocoa based sponge served with chocolate sauce

Fresh Fruit Salad with Vanilla Ice Cream
Assorted diced fresh & tinned fruit, served with vanilla ice cream

Menu Information

All main meals are accompanied with seasonal vegetables or 5 individual salad items, and either potatoes, rice, pasta, chapattis, or naan bread.

In addition, bread is available daily

All meat and poultry used is fresh and locally sourced.

All fresh vegetables and potatoes are locally sourced.

All our Fish, Vegetarian & Cheese dishes are suitable for Muslims.

All our dessert items are suitable for Vegetarians and Muslims.

We do not use any preservatives or additives that are unsuitable for children.

All menu items are subject to availability and may change without notice.

(MSC = Marine Stewardship Council)



This Week's Menu

Monday Main Course

Chicken Curry

Tender chicken in a rich curry sauce

V Mixed Sabzi

Spicy vegetable curry

V Jacket Potato with Choice of 3 Fillings

Slowly baked whole jacket potato split & served with filling, two of which will be vegetarian options

Dessert

Ginger Sponge

Ginger sponge served with creamy custard

Fruit Bowl

Selection of fresh fruit pieces

Tuesday Main Course

Braised Sausage in Onion Gravy

Large pork sausages slowly roasted in a rich beef & sliced onions gravy

Halal Chilli Con Carne

Tender minced halal mutton cooked in a spicy tomato sauce & served with rice

V Vegetable Lasagne

Tender vegetables in a tomato base, layered with pasta and a creamy cheese sauce

Dessert

Rice Pudding & Jam

A milk based rice pudding served with a spoonful of fruit jam

Fruit Bowl

Selection of fresh fruit pieces

Wednesday Main Course

Tuna & Italian Tomato Pasta

Tuna & penne pasta tossed over a classic Italian tomato sauce

V Allu Sabzi Rolls

Spicy vegetables wrapped in a light pastry roll

V Vegetable Rolls

Mixed vegetables in a light pastry roll

Dessert

Pineapple Upside Down Cake

A light sponge topped with pineapple rings & syrup & served with custard

Decorated Buns

Wholemeal biscuit base with a vIndividually iced sponge buns

Fruit Bowl

Selection of fresh fruit pieces

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Thursday Main Course

Roast Meat Dinner

Tender slices of roast meat served with rich gravy

Halal Meat Samosa

Lightly spiced halal meat filling wrapped in a crispy pastry

V Vegetable Pakora

Onions and potatoes mixed with gram flour & fried

Dessert

Flan Jeanette & Custard

Pastry tart topped with sponge & peach slices, served with custard

Fruit Jelly

Mixed fruit served with fruit jelly

Fruit Bowl

Selection of fresh fruit pieces

Friday Main Course

Salmon & Sweet Potato Fishcake

MSC salmon fillet mixed with sweet potato coated in a non fried crumb

V Assorted Pizzas

A bread base topped with tomato sauce, cheese & assorted toppings including a vegetarian option

Dessert

Syrup Sponge with Custard

A light sponge covered with golden syrup & served with creamy custard

Fresh Fruit Salad with Vanilla Ice Cream

Assorted diced fresh & tinned fruit, served with creamy vanilla ice cream

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Monday Main Course

Turkey Meatballs with Tomato Pasta Sauce
Minced turkey meatballs served in a rich tomato sauce over pasta

Halal Chicken Tikka Masala

 Diced halal chicken tikka in a masala sauce

 **Crispy Vegetable Gratin**
Florets of Broccoli and Cauliflower in a light cheese sauce topped with crispy breadcrumbs

Dessert

Apple Pie

A light crispy pastry set on a bed of apples and served with custard

Fruit Jelly

Mixed fruit served with fruit jelly

Fruit Bowl

Selection of fresh fruit pieces

Tuesday Main Course

Meat Lasagne

Beef in a rich tomato sauce, layered between pasta sheets & topped with a cheese sauce.

 **Halal Keema & Peas**

Tender minced halal lamb and onions cooked with peas and spices

 **Cheese Quiche**

Baked savoury pastry case filled with cheese, seasoning & eggs

Dessert

Paris Sandwich & Custard

A very light sweet pastry with jam sandwiched in between & served with creamy custard

Cheesecake

Wholemeal biscuit base with a vanilla cheesecake filling topped with fruit

Fruit Bowl

Selection of fresh fruit pieces

Wednesday Main Course

 **Cheese Lattice**

A thick cheese sauce encased in a puff pastry lattice & baked through the oven

 **Baked Tortilla Wrap with Julienne Vegetables**

A baked tortilla wrap stuffed with thinly sliced vegetables & topped with a sweet tomato sauce.

 **Vegetable Kachori**

A spicy vegetable pattie, fried in a light batter

Dessert

Marble Sponge & Custard

Plain sponge marbled with a chocolate sponge mixture and served with creamy custard

Fruit Bowl

Selection of fresh fruit pieces

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Thursday Main Course

Roast Meat Dinner

Sliced roast meat served with gravy

 **Vegetable Biryani**

Sautéed mixed vegetables cooked in a savoury rice

 **Quorn Burger**

Baked Quorn burger served in a bread bun with salad

Dessert

Jam Sponge with Custard

A light sponge topped with jam, served with creamy custard

Fruit Bowl

Selection of fresh fruit pieces

Friday Main Course

 **Assorted Pizzas**

A bread base topped with tomato sauce, cheese & assorted toppings including a vegetarian option

Salmon Bites

Fillet of Salmon pieces coated in breadcrumbs & baked in the oven

Dessert

Ice Cream Roll

Vanilla ice cream wrapped in a light sponge

Fruit Bowl

Selection of fresh fruit pieces

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