

School Catering Service

You may have heard the news that school meal take-up in the Bradford Council district is higher than the national average and rising at a faster rate. We feel this shows that more and more local children are enjoying the nutritionally balanced school meals that we provide.

We're still working hard to ensure that the meals we provide are appreciated by all our customers. So we'd like to introduce you to the new menu that we've designed. This menu will start at your child's school after the February half term break.



The details are contained on the following pages and once again we have included a table below that allows you to see what is on the menu at school on any given day.

We hope that your child will find this new menu appealing.

A tasty, nutritionally balanced two course school lunch for only

£1.50

Always great value for money!

Menu Cycle

w/c 28 Feb 2011	Week 1	w/c 09 May 2011	Week 2	w/c 18 Jul 2011	Week 3
w/c 07 Mar 2011	Week 2	w/c 16 May 2011	Week 3	SUMMER HOLIDAYS	
w/c 14 Mar 2011	Week 3	w/c 23 May 2011	Week 1	w/c 05 Sep 2011	Week 1
w/c 21 Mar 2011	Week 1	w/c 30 May 2011	Week 2	w/c 12 Sep 2011	Week 2
w/c 28 Mar 2011	Week 2	w/c 06 Jun 2011	Week 3	w/c 19 Sep 2011	Week 3
w/c 04 Apr 2011	Week 3	w/c 13 Jun 2011	Week 1	w/c 26 Sep 2011	Week 1
w/c 11 Apr 2011	Week 1	w/c 20 Jun 2011	Week 2	w/c 03 Oct 2011	Week 2
w/c 18 Apr 2011	Week 2	w/c 27 Jun 2011	Week 3	w/c 10 Oct 2011	Week 3
w/c 25 Apr 2011	Week 3	w/c 04 Jul 2011	Week 1	w/c 17 Oct 2011	Week 1
w/c 02 May 2011	Week 1	w/c 11 Jul 2011	Week 2	w/c 24 Oct 2011	Week 2

RURAL MIX

**Monday
Main Course**

Cod Fish Finger

MSC cod fish finger coated in a non-fried golden crumb

V Vegetable Ravioli

Individual pasta pillows filled with a vegetable puree, cooked in a rich Italian tomato sauce

Dessert

Manchester Tart

A sweet pastry case, layered with jam, fresh bananas, thick custard & sprinkled with desiccated coconut

Raspberry Fruit Fool

Layered fruit puree and light raspberry mousse topped with cream

**Tuesday
Main Course**

Chilli Con Carne

Tender minced beef cooked in a spicy tomato sauce served with rice

V Cheese & Spring Onion Whirl

Flaky puff pastry with a potato, cheese & spring onion filling

Dessert

Pineapple Upside Down Sponge

Sliced glazed pineapple on a light sponge base served with custard

Peach Sundae

Sliced peach topped with a peach mousse

**Wednesday
Main Course**

Roast Turkey

Sliced roast turkey breast served with gravy

V Cheese & Tomato Quiche

Savoury pastry case filled with cheese, egg and fresh tomato

Halal Chicken Breast

Steam baked halal chicken breast

Dessert

Sticky Toffee Pudding & Ice Cream

A thick toffee syrup and date sponge served with ice cream

Melon Boats

A wedge of honeydew melon

**Thursday
Main Course**

Braised Sausage

Premium pork sausages braised with onions in a rich gravy

V Vegetable Risotto

Sautéed vegetables cooked in a savoury braised rice

Halal Chicken Keema Curry

Minced halal chicken cooked with traditional Asian spices

Dessert

Apple Pie and Custard

Soft chunks of apple topped with sweet wholemeal pastry, served with creamy custard

Chocolate & Mandarin Muffin

Rich chocolate sponge, scattered with mandarin orange segments

**Friday
Main Course**

Ham & Pineapple Pizza

A bread base, topped with tomato sauce, cheese and sprinkled with ham and pineapple

V Cheese & Tomato Pizza

A bread base topped with tomato sauce and cheese

Dessert

Banana Bread & Butter Pudding

Layered bread and butter covered with a sweet banana and egg mix, slowly baked & served with custard

Fruit Jelly

Mixed fruit served with fruit jelly

Please note - the menu shown contains the full range of dishes that are available for this menu type.

The actual selection of dishes that will be served at your child's school is based upon the customer profile within school.

- All main meals are accompanied with potatoes, fresh bread, seasonal vegetables, and either salad or rice.
- All meat and poultry used is fresh and locally sourced.
- All fresh vegetables and potatoes are locally sourced.
- All our Fish, Vegetarian & Cheese dishes are suitable for Muslims.

Monday Main Course

Cheesy Tuna & Sweetcorn Pasta Bake

Pasta spirals in a creamy sauce with flaked tuna & sweetcorn, and finished with cheese

V Vegetable Pakoras

Onions and potatoes mixed with gram flour, spices and fried

Dessert

Rice Pudding with Jam

A milk based rice pudding served with a spoon full of fruit jam

Flapjack

A sweet chewy cake made from oats

Tuesday Main Course

Turkey Meatballs with Tomato Pasta Sauce

Minced turkey meatballs served in a rich tomato sauce over pasta spirals

V Baked Tortilla Wrap filled with Julienne Vegetables

A baked tortilla wrap stuffed with thinly sliced mixed vegetables

حلال Chicken Sheesh Kebab

Diced halal chicken cooked with spinach in a spicy curry sauce

Dessert

Ginger Pudding with Custard

Ginger sponge served with creamy custard

Ice Cream Sponge Roll

Vanilla ice cream wrapped in a light sponge

Wednesday Main Course

Roast Pork & Apple Sauce

Tender slices of roast pork, served with a sweet apple sauce

V Allu Sabzi Rolls

Spicy cooked vegetables in a puff pastry roll

Dessert

Paris Sandwich

A sweet pastry pie filled with jam and dusted with sugar

Cheese Cake

Wholemeal biscuit base with a vanilla cheesecake filling, topped with fruit

Thursday Main Course

Meat & Potato Pie

Chunks of tender beef and potato cooked in a rich gravy with a short crust pastry top

V Leek & Potato Bake

Potatoes layered with a rich cheese and leek sauce

حلال Chicken & Spinach

Diced halal chicken cooked with spinach in a spicy curry sauce

Dessert

Coconut Sponge & Custard

A light coconut flavoured sponge served with creamy custard

Fruit Jelly

Mixed fruit served with fruit jelly

Friday Main Course

V Cheese & Tomato Pizza

A bread base topped with tomato sauce and cheese

Jacket Potato with Various Fillings

Oven baked potato served with either tuna, beans or cheese

Dessert

Chocolate Sponge with Chocolate Sauce

A cocoa based sponge served with a sweet chocolate sauce

Fresh Fruit Salad

Assorted diced fresh & tinned fruit

- All our dessert items are suitable for Vegetarians and Muslims.
- We do not use any preservatives or additives that are unsuitable for children.
- We have a no nut and no genetically modified ingredient policy.
- All desserts include a portion of fruit.

All menu items are subject to availability, and may be subject to change



Provided for Muslims



Suitable for Vegetarians

**Monday
Main Course**

**Salmon & Sweet Potato
Fishcake**

MSC salmon fillet mixed with sweet potato coated in a non-fried crumb

V Cheese Lattice

Puff pastry roll filled with cheese and creamed potato

Dessert

Cornflake Tart & Custard

A baked sweet pastry case lined with jam and golden syrup coated cornflakes

Fruit Jelly

Mixed fruit served with fruit jelly

**Tuesday
Main Course**

Chicken Curry

Diced chicken cooked in an authentic curry sauce

V Vegetable Roll

Mixed vegetables cooked in a light individual puff pastry roll



Halal Keema & Peas

Tender minced halal lamb and onions cooked with peas and spices

Dessert

Viennese Tart

A sweet pastry case coated with jam & covered with a Viennese topping

Fruit Yoghurt

Fruit yoghurt served with apple dippers

**Wednesday
Main Course**

Shepherd's Pie

Tender minced lamb and vegetables in a rich gravy topped with mashed potato



Pasta Arrabiata

Italian spicy tomato sauce with mushrooms and peppers

Tuna Pinwheel

Flaked tuna in a tomato sauce rolled in puff pastry

Dessert

Poached Pears & Ice Cream

Pears poached in syrup served with vanilla ice cream

Decorated Buns

Iced individual sponge buns

**Thursday
Main Course**

Roast Meat Dinner

Sliced roast meat served with gravy

V Vegetable Lasagne

Mixed vegetables in a rich tomato sauce, layered between sheets of egg pasta, white sauce and fresh cheese



Chicken Tikka Pieces

Halal chicken breast marinated in a spicy yogurt coating and baked

Dessert

Syrup Sponge with Custard

A light sponge covered with golden syrup, served with creamy custard

Strawberry Rice Pudding

A milk based rice pudding mixed with strawberry jam

**Friday
Main Course**

Sausage in a Finger Roll

Prime pork sausage oven baked and served in a finger roll



Cheese & Tomato Pizza

A bread base topped with tomato sauce and cheese

Dessert

Jam Sponge & Custard

A light sponge topped with jam and served with creamy custard

Home-made Biscuits

An assortment of home-made biscuits

Could your child get School Meals for Free?

Your child is entitled to free school meals if you receive any of the following benefits*:

- Income Support
- Income based Jobseeker's Allowance
- Child Tax Credit (but not Working Tax Credit) with an annual income (as assessed by HM Revenue & Customs) of less than £16, 190
- Pension Credit (Guarantee Credit only)
- Support from NASS (National Asylum Support Services)

For more information, telephone 01274 432 772 or email: benefits@bradford.gov.uk
Or you can check online at www.bradford.gov.uk/benefits

* (Information correct at time of going to print)